

Blood Pressure Report

Patient: Andrew Ford

Period: Last 30 Days

Report generated: 29 Jan 2026

Reading Summary

Total Readings	6
Days Covered	13
AHA Progress	6 of 52 recommended readings

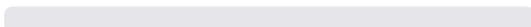
Averages

Overall	124/81 mmHg
Heart Rate	72 bpm
Evening (PM)	124/81 mmHg (72 bpm)

Range

Highest Systolic	132 mmHg (1 Jan 2026)
Lowest Systolic	120 mmHg (8 Jan 2026)
Highest Diastolic	86 mmHg (1 Jan 2026)
Lowest Diastolic	79 mmHg (8 Jan 2026)

Classification (AHA/ACC 2017)

Normal		0 (0%)
Elevated		1 (17%)
Stage 1 Hypertension		5 (83%)
Stage 2 Hypertension		0 (0%)

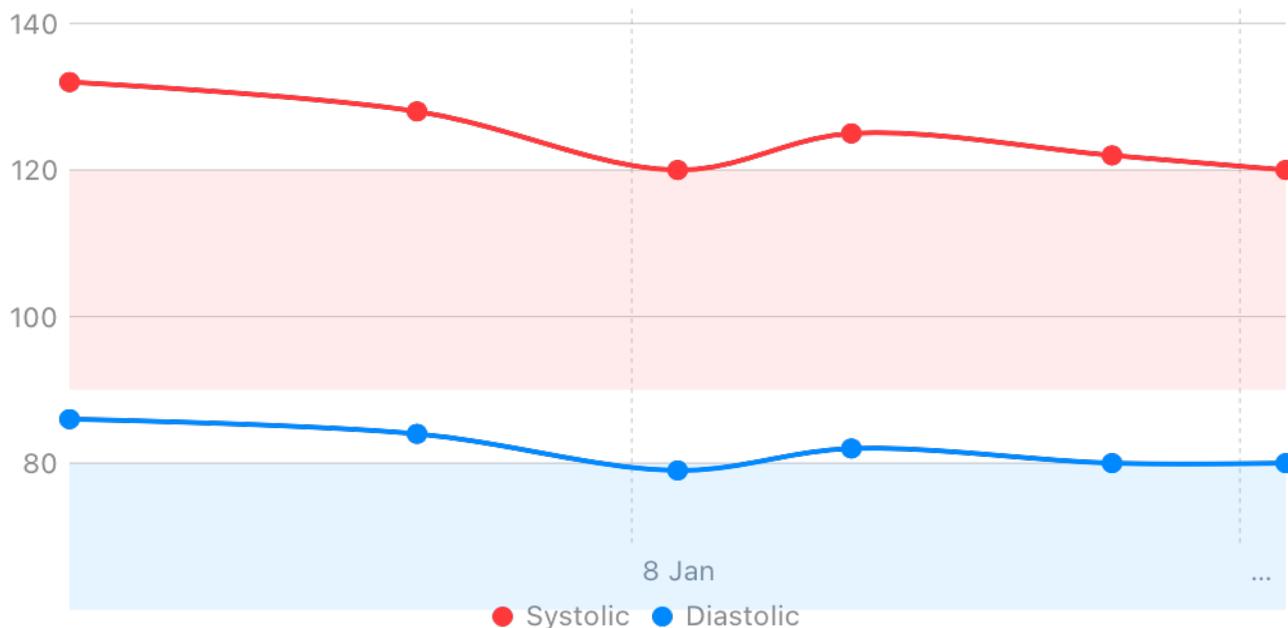
Classification Reference:

Category	Systolic		Diastolic
Normal	<120 mmHg	and	<80 mmHg
Elevated	120-129 mmHg	and	<80 mmHg
Stage 1 Hypertension	130-139 mmHg	or	80-89 mmHg
Stage 2 Hypertension	≥140 mmHg	or	≥90 mmHg

Each reading is classified by the higher category. For example, 122/80 mmHg is Stage 1 Hypertension because diastolic ≥80 mmHg.

Source: 2017 ACC/AHA Guideline for High Blood Pressure in Adults

Blood Pressure Trend



Detailed Readings

Date	Time	SYS	DIA	Pulse	AM/PM
15 Jan 2026	12:40	120	80	72	PM
13 Jan 2026	12:41	122	80	70	PM
10 Jan 2026	12:41	125	82	72	PM
8 Jan 2026	12:41	120	79	69	PM
5 Jan 2026	12:41	128	84	74	PM
1 Jan 2026	12:41	132	86	76	PM